

## **GREEN MEADOWS FARM**

### **Field Trip Tips**

Welcome to Green Meadows Farm. We are happy you will be coming to our “Outdoor School”. We are sure you will find your visit to be informative, interesting, fun and maybe even sometimes surprising.

Comfort and safety are always concerns in a work environment and especially so when children are involved.

Here are a few suggestions that may help you plan for the children and yourself:

- Closed-toe sturdy footwear is appropriate.
- Boots are excellent if the weather is or has been wet in the past few days. Bring other rain gear if needed.
- Long sleeves and/or long pants may be helpful even if it is hot out.
- Sunscreen, sun glasses and a hat are always great when it is sunny.
- Hot days are thirsty days and many of us may need extra water to drink.
- Be prepared for several hours outdoors and some walking on rough surfaces.
- We have many kinds of insects on the farm, both flying and crawling so you may wish to use bug spray ahead of time.
- Please come prepared to assist any students who may have allergies.
- This is a working farm with real livestock in natural living conditions. There are many things here which will seem *wierd* to your class (ie: It does not smell like “Febreeze”.)
- Snacks and/or lunch can be eaten outside under the tent if you have time. Be alert that the farm stand may sell food to which a particular student has an allergy.

Please be sure to let us know if you have questions, special requirements or problems on your visit. We want everyone to enjoy the farm as much as we do.

Sincerely

Robin O’Neil M.Ed

Green Meadow Farms  
S. Hamilton, MA. 01982  
978-468-3720